



EAT

## Abington Elementary Schools: October 2017 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Meatball Sandwich</b> Tater Tots Vegetarian Beans <i>Or Choose</i> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Chicken Caesar Salad	<b>3</b> <b>Pizza Dunkers</b> Marinara Dipping Sauce Tossed Salad, Grape Tomatoes <i>Or Choose</i> Fruited Yogurt Parfait Peanut Butter & Jelly Sandwich Cobb Salad w/Turkey	<b>4</b> <b>National Taco Day</b> <b>Crunchy Turkey Taco</b> Lettuce/Tomato, Cheese Seasoned Corn, Salsa <i>Or Choose</i> Cheeseburger on a Bun Peanut Butter & Jelly Sandwich Garden Salad w/Egg	<b>5</b> <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Sausage Links Hash Browns, Carrot Sticks <i>Or Choose</i> Breaded Popcorn Chicken Peanut Butter & Jelly Sandwich Chef Salad w/Turkey & Ham	<b>6</b> <b>Big Daddy's Cheese Pizza</b> Tomato, Mozzarella Side Salad Caesar Romaine Salad <i>Or Choose</i> Chicken Salad Sandwich Peanut Butter & Jelly Sandwich Crispy Popcorn Chicken Salad
<b>9</b> <b>Breaded Chicken Tenders</b> Oven Fries Baked Beans <i>Or Choose</i> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Chicken Caesar Salad	<b>10</b> <b>Personal Cheese Pizza</b> Seasoned Corn Carrot & Celery Sticks <i>Or Choose</i> Fruited Yogurt Parfait Peanut Butter & Jelly Sandwich Cobb Salad w/Turkey	<b>11</b> <b>Penne Pasta w/Cheese</b> Tossed Salad Mixed Vegetables, Garlic Bread <i>Or Choose</i> Cheeseburger on a Bun Peanut Butter & Jelly Sandwich Garden Salad w/Egg	<b>12</b> <b>Hot Turkey Sandwich</b> Mashed Potatoes Seasoned Green Beans <i>Or Choose</i> Breaded Popcorn Chicken Peanut Butter & Jelly Sandwich Chef Salad w/Turkey & Ham	<b>13</b> <b>French Bread Pizza</b> Tossed Salad Grape Tomatoes <i>Or Choose</i> Chicken Salad Sandwich Peanut Butter & Jelly Sandwich Crispy Popcorn Chicken Salad
<b>16</b> <b>Pancakes w/Berry Topping</b> Sausage Patty, Hash Browns Carrot Sticks <i>Or Choose</i> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Chicken Caesar Salad	<b>17</b> <b>Breaded Chicken Nuggets</b> Mashed Potatoes Broccoli, Warm Biscuit <i>Or Choose</i> Fruited Yogurt Parfait Peanut Butter & Jelly Sandwich Cobb Salad w/Turkey	<b>18</b> <b>Chicken Caesar Salad</b> Warm Bread Stick, Chick Peas Seasoned Corn, Baked Apples <i>Or Choose</i> Cheeseburger on a Bun Peanut Butter & Jelly Sandwich Garden Salad w/Egg	<b>20</b> <b>Toasted Cheese Sandwich</b> Cup of Tomato Soup Tater Tots <i>Or Choose</i> Breaded Popcorn Chicken Peanut Butter & Jelly Sandwich Chef Salad w/Turkey & Ham	<b>21</b> <b>Big Daddy's Cheese Pizza</b> Spinach & Romaine Salad Green Beans <i>Or Choose</i> Chicken Salad Sandwich Peanut Butter & Jelly Sandwich Crispy Popcorn Chicken Salad
<b>23</b> <b>All Beef Hot Dog on a Bun</b> Baked Beans Oven Fries <i>Or Choose</i> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Chicken Caesar Salad	<b>24</b> <b>Toasted Cheese w/Ham</b> Seasoned Broccoli Sweet Potato Tots <i>Or Choose</i> Fruited Yogurt Parfait Peanut Butter & Jelly Sandwich Cobb Salad w/ Turkey	<b>25</b> <b>Spaghetti w/Meat Sauce</b> Caesar Romaine Salad Garlic Bread, Spinach <i>Or Choose</i> Cheeseburger on a Bun Peanut Butter & Jelly Sandwich Garden Salad w/Egg	<b>26</b> <b>Breaded Fish Sticks</b> Squash Casserole, Dinner Roll Hash Brown Patty <i>Or Choose</i> Breaded Popcorn Chicken Peanut Butter & Jelly Sandwich Chef Salad w/Turkey & Ham	<b>27</b> <b>Big Daddy's Cheese Pizza</b> Carrot Sticks w/Ranch Dip Seasoned Corn <i>Or Choose</i> Chicken Salad Sandwich Peanut Butter & Jelly Sandwich Crispy Popcorn Chicken Salad
<b>30</b> <b>Sloppy Joe on a Bun</b> Tater Tots, Baked Beans Baked Apple Slices <i>or Choose</i> Chicken Patty Sandwich Peanut Butter & Jelly Sandwich Chicken Caesar Salad	<b>31</b> <b>Chicken Fajita Wrap</b> Seasoned Corn Letuce, Tomato, Salsa <b>Or Choose</b> Fruited Yogurt Parfait/w/ Bagel Peanut Butter & Jelly Sandwich Cobb Salad w/ Turkey	<b>Food Focus</b> <b>Tree Fruits</b> 	<b>National School Lunch Week</b> <b>October 9-13 2017</b>  October is <b>National Pasta Month!</b>	<b>Meal Prices:</b> <b>Paid Lunch \$2.75</b> <b>Reduced Lunch \$.40</b> <b>Adult Lunch \$5.65</b>
Choose with Any Meal!				
Side Vegetable or Salad Chilled Canned Fruit Assorted Fresh Fruit Choice of Milk	Side Vegetable or Salad Chilled Canned Fruit Assorted Fresh Fruit Choice of Milk	Side Vegetable or Salad Chilled Canned Fruit Assorted Fresh Fruit Choice of Milk	Side Vegetable or Salad Orange or Apple Juice Assorted Fresh Fruit Choice of Milk	Side Vegetable or Salad Chilled Canned Fruit Assorted Fresh Fruit Choice of Milk